

Winter Retreat 2022 General Schedule

This is the general schedule we expect the retreat to follow. There may be some changes as the retreat gets closer.

Session		SGT	CET	AST	Pacific Time	Eastern Time
Teaching Session 1	Fri Dec 2 Sat Dec 3	11a - 2p	4a - 7a	6a - 9a	7p - 10p	10p - 1a
Teaching Session 2	Sat Dec 3	4p - 7p	9a - 12p	11a - 2p	12 - 3a	3a - 6a
Meditation	Sat Dec 3 Sun Dec 4	10a - 10:30a	3a - 3:30a	5a - 5:30a	6p - 6:30p	9p -9:30p
Teaching Session 3	Sat Dec 3 Sun Dec 4	11a - 2p	4a - 7a	6a - 9a	7p - 10p	10p - 1a
Jeanne's Office Hours	Sat Dec 3 Sun Dec 4	3p - 3:45p	8a - 8:45a	10a - 10:45a	11p - 11:45p	2a - 2:45a
Small Group	Sun Dec 4	4p - 6p	9a - 11a	11a - 1p	12a - 2a	3a - 5a
Meditation	Sun Dec 4 Mon Dec 5	10a - 10:30a	3a - 3:30a	5a - 5:30a	6p - 6:30p	9p -9:30p
Teaching Session 4	Sun Dec 4 Mon Dec 5	11a - 2p	4a - 7a	6a - 9a	7 - 10p	10p - 1a
Jeanne's Office Hours	Sun Dec 4 Mon Dec 5	3p - 3:45p	8a - 8:45a	10a - 10:45a	11p - 11:45p	2a - 2:45a
Teaching Session 5	Mon Dec 5	4p - 7p	9a - 12p	11a - 2p	12 - 3a	3a - 6a
Meditation	Mon Dec 5 Tue Dec 6	10a - 10:30a	3a - 3:30a	5a - 5:30a	6p - 6:30p	9p -9:30p
Teaching Session 6	Mon Dec 5 Tue Dec 6	11a - 2p	4a - 7a	6a - 9a	7p - 10p	10p - 1a
Jeanne's Office Hours	Mon Dec 5 Tue Dec 6	3p - 3:45p	8a - 8:45a	10a - 10:45a	11p - 11:45p	2a - 2:45a
Teaching Session 7	Tue Dec 6	4p - 7p	9a - 12p	11a - 2p	12 - 3a	3a - 6a
Meditation	Tue Dec 6 Wed Dec 7	10a - 10:30a	3a - 3:30a	5a - 5:30a	6p - 6:30p	9p -9:30p
Teaching Session 8	Tue Dec 6 Wed Dec 7	11a - 2p	4a - 7a	6a - 9a	7p - 10p	10p - 1a
Jeanne's Office Hours	Tue Dec 6 Wed Dec 7	3p - 3:45p	8a - 8:45a	10a - 10:45a	11p - 11:45p	2a - 2:45a
Teaching Session 9	Wed Dec 7	4p - 7p	9a - 12p	11a - 2p	12 - 3a	3a - 6a
Meditation	Wed Dec 7 Thu Dec 8	10a - 10:30a	3a - 3:30a	5a - 5:30a	6p - 6:30p	9p -9:30p
Teaching Session 10	Wed Dec 7 Thu Dec 8	11a - 2p	4a - 7a	6a - 9a	7p - 10p	10p - 1a

Community Meeting	Wed Dec 7 Thu Dec 8				10:15 - 11:45p	1:15a - 2:45a
		2:15p - 3:45p	7:15 - 8:45	9:15 - 10:45a		
Small Group	Thu Dec 8	5p - 7p	10a - 12p	12p - 2p	1a - 3a	4a - 6a
Meditation	Thu Dec 8 Fri Dec 9				6p - 6:30p	9p -9:30p
		10a - 10:30a	3a - 3:30a	5a - 5:30a		
Teaching Session 11	Thu Dec 8 Fri Dec 9				7p - 10p	10p - 1a
		11a - 2p	4a - 7a	6a - 9a		
Jeanne's Office Hours	Thu Dec 8 Fri Dec 9				11p - 11:45p	2a - 2:45a
		3p - 3:45p	8a - 8:45a	10a - 10:45a		
Teaching Session 12	Fri Dec 9	4p - 7p	9a - 12p	11a - 2p	12 - 3a	3a - 6a
Meditation	Fri Dec 9 Sat Dec 10				6p - 6:30p	9p -9:30p
		10a - 10:30a	3a - 3:30a	5a - 5:30a		
Teaching Session 13	Fri Dec 9 Sat Dec 10				7p - 10p	10p - 1a
		11a - 2p	4a - 7a	6a - 9a		