

Session		Singapore Time	Arab Time	CEST	Pacific Time	Eastern Time
Teaching Session 1	Fri Jun 24				7 - 10p	10p - 1a
	Sat Jun 25	10a - 1p	5a - 8a	4 - 7a		
Teaching Session 2	Sat Jun 25	3 - 6p	10a - 1p	9a - 12p	12 - 3a	3a - 6a
Session		Singapore Time	Arab Time	CEST	Pacific Time	Eastern Time
Meditation	Sat Jun 25				6 - 6:30p	9-9:30p
	Sun Jun 26	9 - 9:30a	4 - 4:30a	3 - 3:30a		
Teaching Session 3	Sat Jun 25				7 - 10p	10p - 1a
	Sun Jun 26	10a - 1p	5 - 8a	4 - 7a		
Jeanne's Office Hours	Sat Jun 25				10 - 10:45p	1 - 1:45a
	Sun Jun 26	1 - 1:45p	8 - 8:45a	7 - 7:45a		
Small Group	Sun Jun 26	3 - 5p	10a - 12p	9 - 11a	12 - 2a	3a - 5a
Session		Singapore Time	Arab Time	CEST	Pacific Time	Eastern Time
Meditation	Sun Jun 26				6 - 6:30p	9-9:30p
	Mon Jun 27	9 - 9:30a	4 - 4:30a	3 - 3:30a		
Teaching Session 4	Sun Jun 26				7 - 10p	10p - 1a
	Mon Jun 27	10a - 1p	5 - 8a	4 - 7a		
Jeanne's Office Hours	Sun Jun 26				10 - 10:45p	1 - 1:45a
	Mon Jun 27	1 - 1:45p	8 - 8:45a	7 - 7:45a		
Teaching Session 5	Mon Jun 27	3 - 6p	10a - 1p	9 - 12p	12 - 3a	3a - 6a
Session		Singapore Time	Arab Time	CEST	Pacific Time	Eastern Time

Meditation	Mon Jun 27				6 - 6:30p	9-9:30p
	Tue Jun 28	9 - 9:30a	4 - 4:30a	3 - 3:30a		
Teaching Session 6	Mon Jun 27				7 - 10p	10p - 1a
	Tue Jun 28	10a - 1p	5 - 8a	4 - 7a		
Jeanne's Office Hours	Mon Jun 27				10 - 10:45p	1 - 1:45a
	Tue Jun 28	1 - 1:45p	8 - 8:45a	7 - 7:45a		
Teaching Session 7	Tue Jun 28	3 - 6p	10a - 1p	9 - 12p	12 - 3a	3a - 6a
<b>Session</b>		<b>Singapore Time</b>	<b>Arab Time</b>	<b>CEST</b>	<b>Pacific Time</b>	<b>Eastern Time</b>
Meditation	Tue Jun 28				6 - 6:30p	9-9:30p
	Wed Jun 29	9 - 9:30a	4 - 4:30a	3 - 3:30a		
Teaching Session 8	Tue Jun 28				7 - 10p	10p - 1a
	Wed Jun 29	10a - 1p	5 - 8a	4 - 7a		
Jeanne's Office Hours	Tue Jun 28				10 - 10:45p	1 - 1:45a
	Wed Jun 29	1 - 1:45p	8 - 8:45a	7 - 7:45a		
Teaching Session 9	Wed Jun 29	3 - 6p	10a - 1p	9 - 12p	12 - 3a	3a - 6a
<b>Session</b>		<b>Singapore Time</b>	<b>Arab Time</b>	<b>CEST</b>	<b>Pacific Time</b>	<b>Eastern Time</b>
Meditation	Wed Jun 29				6 - 6:30p	9-9:30p
	Thu Jun 30	9 - 9:30a	4 - 4:30a	3 - 3:30a		
Teaching Session 10	Wed Jun 29				7 - 10p	10p - 1a
	Thu Jun 30	10a - 1p	5 - 8a	4 - 7a		
Community Meeting	Wed Jun 29				10:15 - 11:45p	1:15a - 2:45a

	Thu Jun 30	1:15p - 2:45p	8:15 - 9:45a	7:15 - 8:45a		
Small Group	Thu Jun 30	4 - 6p	11a - 1p	10 - 12a	1 - 3a	4a - 6a
<b>Session</b>		<b>Singapore Time</b>	<b>Arab Time</b>	<b>CEST</b>	<b>Pacific Time</b>	<b>Eastern Time</b>
Meditation	Thu Jun 30				6 - 6:30p	9-9:30p
	Fri Jul 1	9 - 9:30a	4 - 4:30a	3 - 3:30a		
Teaching Session 11	Thu Jun 30				7 - 10p	10p - 1a
	Fri Jul 1	10a - 1p	5 - 8a	4 - 7a		
Jeanne's Office Hours	Thu Jun 30				10 - 10:45p	1 - 1:45a
	Fri Jul 1	1 - 1:45p	8 - 8:45a	7 - 7:45a		
Teaching Session 12	Fri Jul 1	3 - 6p	10a - 1p	9 - 12p	12 - 3a	3a - 6a
<b>Session</b>		<b>Singapore Time</b>	<b>Arab Time</b>	<b>CEST</b>	<b>Pacific Time</b>	<b>Eastern Time</b>
Meditation	Fri Jul 1				6 - 6:30p	9-9:30p
	Sat Jul 2	9 - 9:30a	4 - 4:30a	3 - 3:30a		
Teaching Session 13	Fri Jul 1				7 - 10p	10p - 1a
	Sat Jul 2	10a - 1p	5 - 8a	4 - 7a		